SUPREP COLONOSCOPY PREPARATION

PROCEDURE DATE: ________________________________

PROCEDURE TIME: _______________ AM / PM      ARRIVAL TIME: _______________ AM / PM

DAY PRIOR TO THE PROCEDURE

*CLEAR LIQUIDS ONLY* Examples of clear liquids are: water, clear soup broth, clear fruit juice (apple, white cranberry, white grape etc.) Ginger ale, seltzer, 7-UP, coffee or tea (without milk), iced tea, jello popsicles and Italian ice (no red).

**NO ALCOHOL**

**IT IS IMPORTANT TO DRINK AS MUCH FLUIDS AS YOU CAN THROUGHOUT THE DAY TO AVOID DEHYDRATION AND HELP FLUSH THE BOWEL.

*6:00PM* – MIX 6 oz Bottle of Suprep with water to total 16 ounces.
*After drinking the 16 ounce dose, drink 32 ounces of water over the next hour.

DAY OF THE PROCEDURE

_____________ AM / PM (5 hours prior to the test)

Drink the second 16 ounces dose.
*After drinking the 16 ounce dose, drink 32 ounces of water within the next hour.

**IMPORTANT*** 4 HOURS PRIOR TO THE PROCEDURE NOTHING BY MOUTH. THIS INCLUDES CLEAR LIQUIDS, CANDY AND GUM. TAKING ANYTHING BY MOUTH WITHIN 4 HOURS OF THE PROCEDURE WILL CAUSE A DELAY OR CANCELLATION.