

# SUPREP COLONOSCOPY PREPARATION

PROCEDURE DATE: \_\_\_\_\_

PROCEDURE TIME: \_\_\_\_\_ AM / PM    ARRIVAL TIME: \_\_\_\_\_ AM / PM

## DAY PRIOR TO THE PROCEDURE

**\*CLEAR LIQUIDS ONLY\*** Examples of clear liquids are: water, clear soup broth, clear fruit juice (apple, white cranberry, white grape etc.) Ginger ale, seltzer, 7-UP, coffee or tea (without milk), iced tea, jello popsicles and Italian ice (no red).

**\*\*NO ALCOHOL\*\***

**\*\*IT IS IMPORTANT TO DRINK AS MUCH FLUIDS AS YOU CAN THROUGHOUT THE DAY TO AVOID DEHYDRATION AND HELP FLUSH THE BOWEL.**

**\*6:00PM – MIX 6 oz Bottle of Suprep with water to total 16 ounces.**

**\*After drinking the 16 ounce dose, drink 32 ounces of water over the next hour.**

## DAY OF THE PROCEDURE

\_\_\_\_\_ AM / PM (5 hours prior to the test)

Drink the second 16 ounces dose.

**\*After drinking the 16 ounce dose, drink 32 ounces of water within the next hour.**

**\*\*IMPORTANT\*\*\* 4 HOURS PRIOR TO THE PROCEDURE NOTHING BY MOUTH. THIS INCLUDES CLEAR LIQUIDS, CANDY AND GUM. TAKING ANYTHING BY MOUTH WITHIN 4 HOURS OF THE PROCEDURE WILL CAUSE A DELAY OR CANCELLATION.**